

# IOWA FOOD BANK ASSOCIATION

## The State of Hunger in Iowa

10/13/15

2015 Iowa Hunger Summit



# Agenda

- Association of Iowa Food Banks
- Hunger in Iowa: By the Numbers
- Hunger in Iowa: Behind the Numbers
- Addressing the Issue

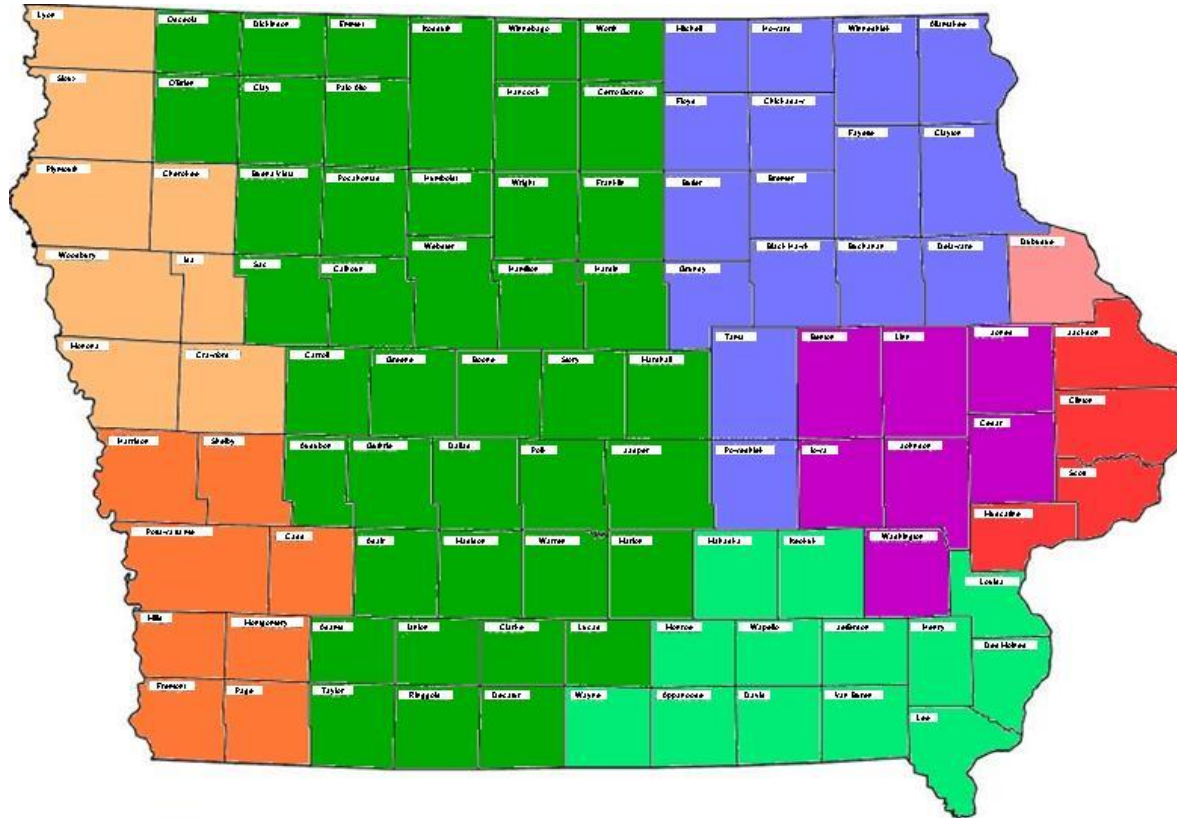
# Iowa Food Bank Association

Mission: coordinate efforts to alleviate hunger by supporting Feeding America food banks that serve Iowa

- Policy and Advocacy
- Food and Fund Procurement
- Disaster Preparedness
- Food Assistance Outreach
- **Collaboration and Unification**



# Iowa Food Bank Association



- |   |                             |   |                          |
|---|-----------------------------|---|--------------------------|
|  | Food Bank of Siouxland      |  | Northeast Iowa Food Bank |
|  | Food Bank for the Heartland |  | HACAP Food Reservoir     |
|  | Food Bank of Iowa           |  | St. Stephen's Food Bank  |
|  | Food Bank of Southern Iowa  |  | River Bend Foodbank      |

Iowa Food Bank Association



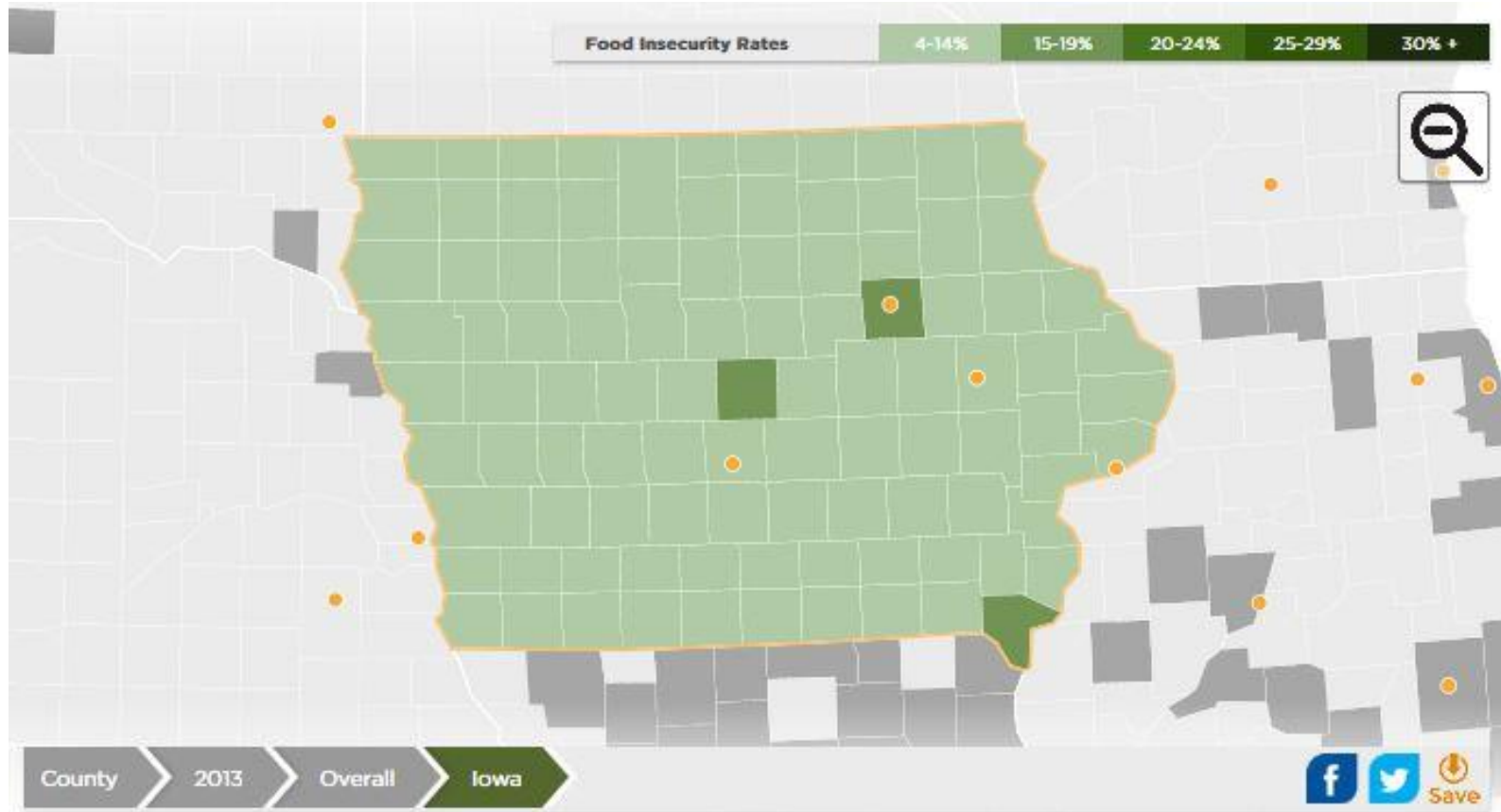
# HUNGER IN IOWA

## By the Numbers

Iowa Food Bank Association



# Hunger in Iowa: By the Numbers



## FOOD INSECURE PEOPLE

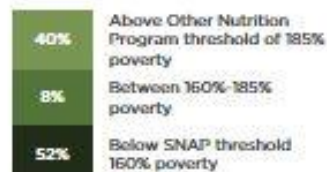
389,250



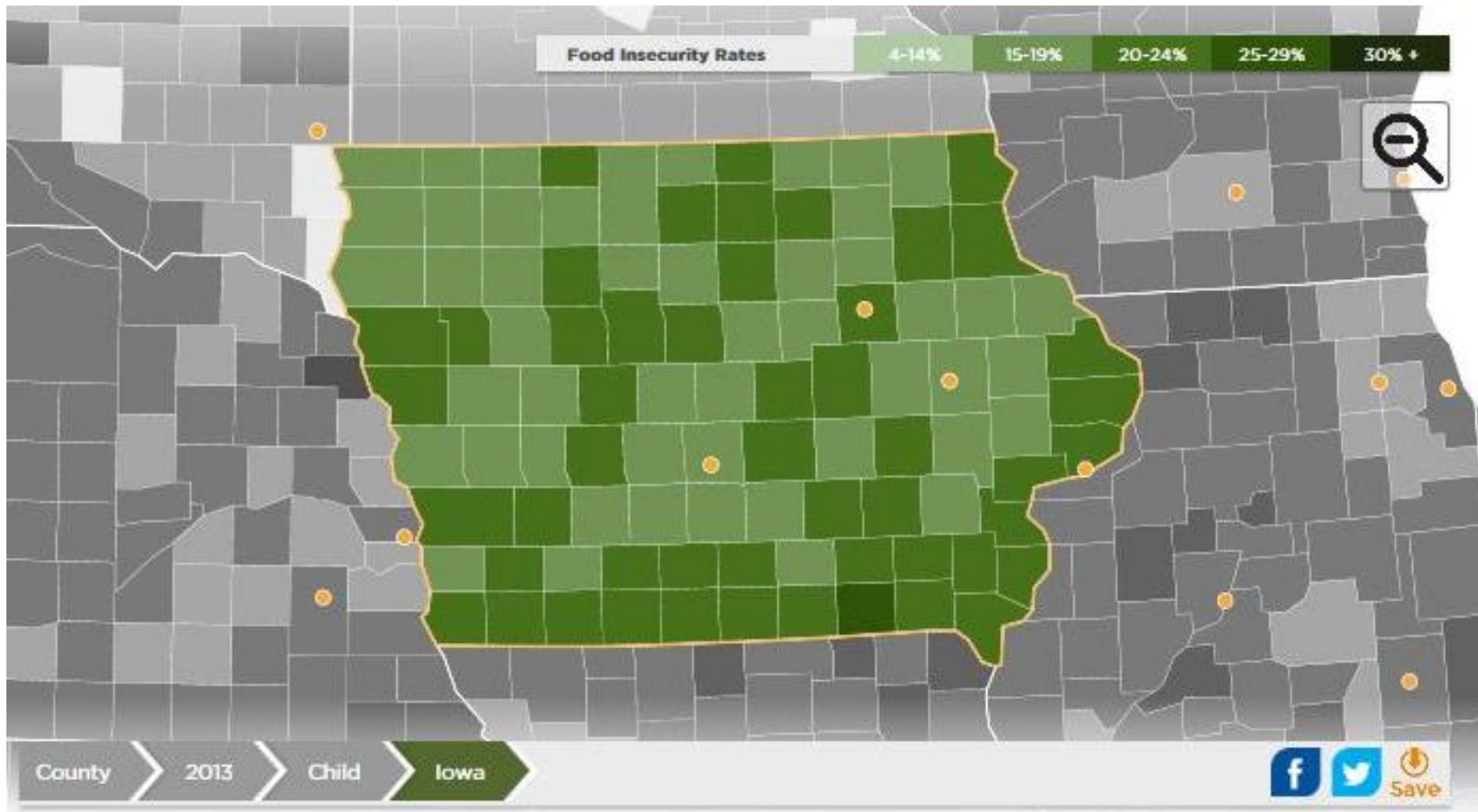
## FOOD INSECURITY RATE



## ESTIMATED PROGRAM ELIGIBILITY AMONG FOOD INSECURE PEOPLE



# Hunger in Iowa: By the Numbers



**FOOD INSECURE CHILDREN**  
139,850



**FOOD INSECURITY RATE (OVERALL)**



**FOOD INSECURITY RATE (CHILD)**



**ESTIMATED PROGRAM ELIGIBILITY AMONG FOOD INSECURE CHILDREN**



- 41% Likely ineligible for federal nutrition programs (incomes above 185% of poverty)
- 59% Income-eligible for nutrition programs (incomes at or below 185% of poverty)

# Hunger in Iowa: By the Numbers

## Food-Insecurity as reported past four years

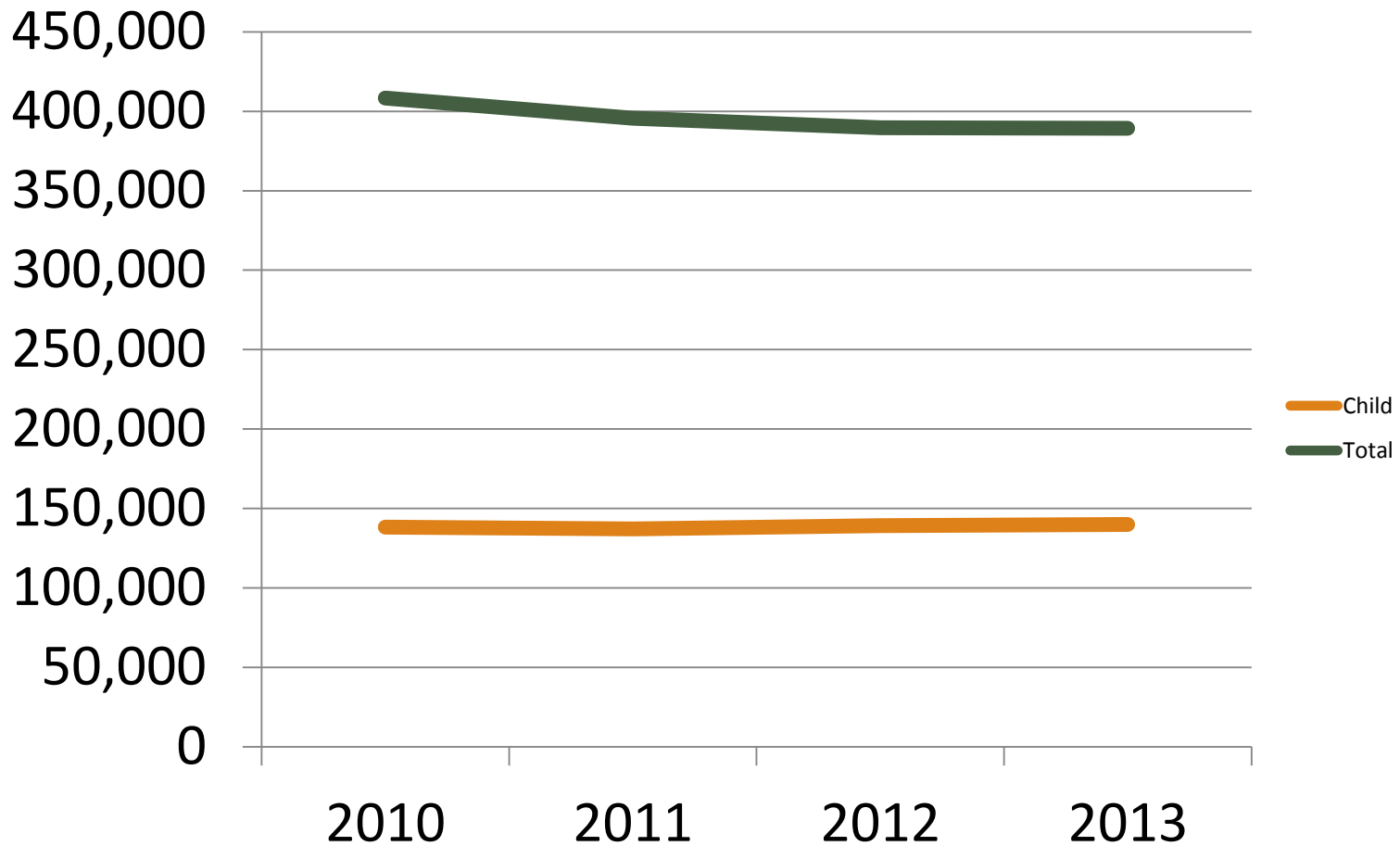
	Child	Total
2010	138,340	408,280
2011	137,120	395,620
2012	139,200	389,730
2013	139,850	389,250

*\*Numbers released two years after data collected*



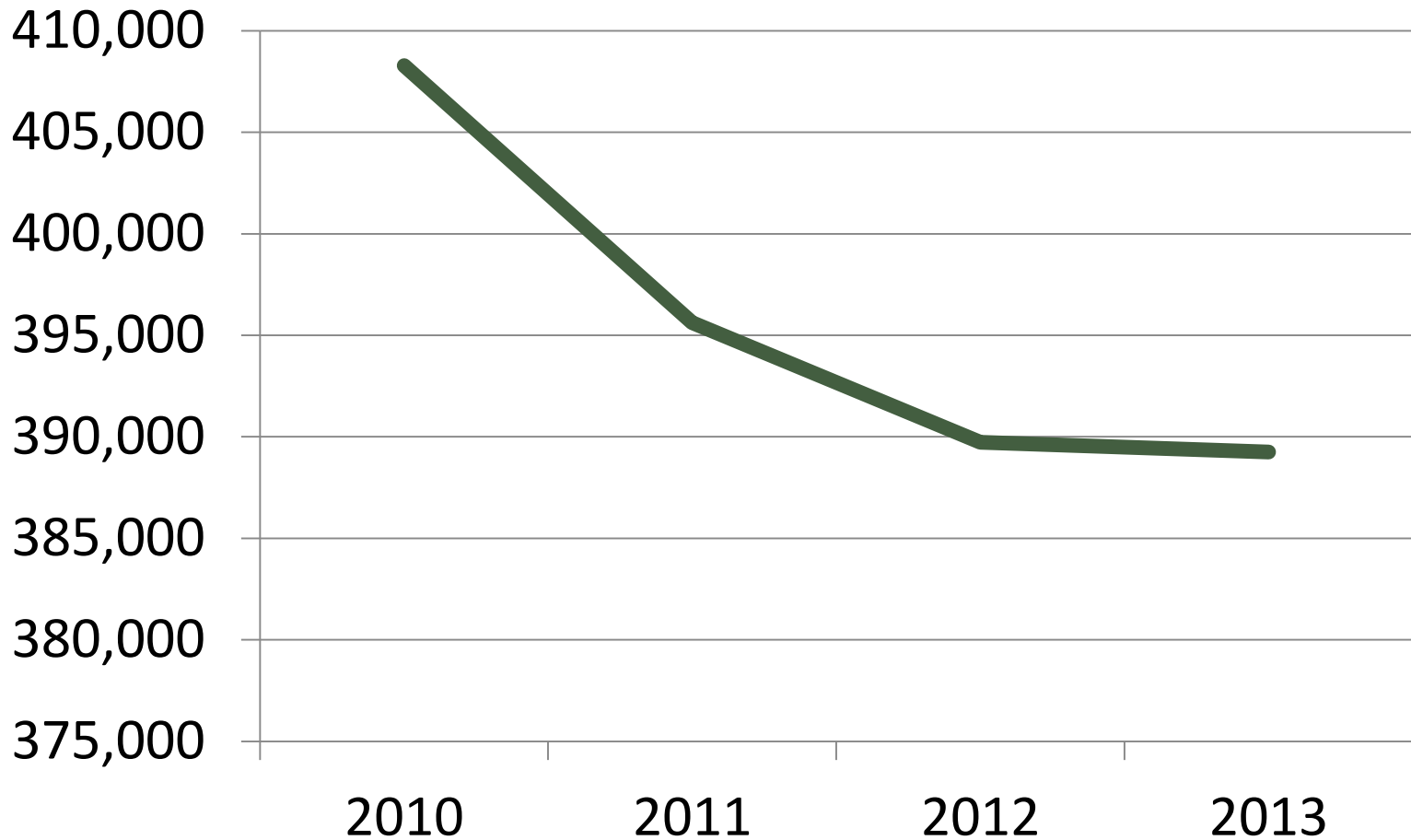
# Hunger in Iowa: By the Numbers

## 4-year Comparison: Total and Child



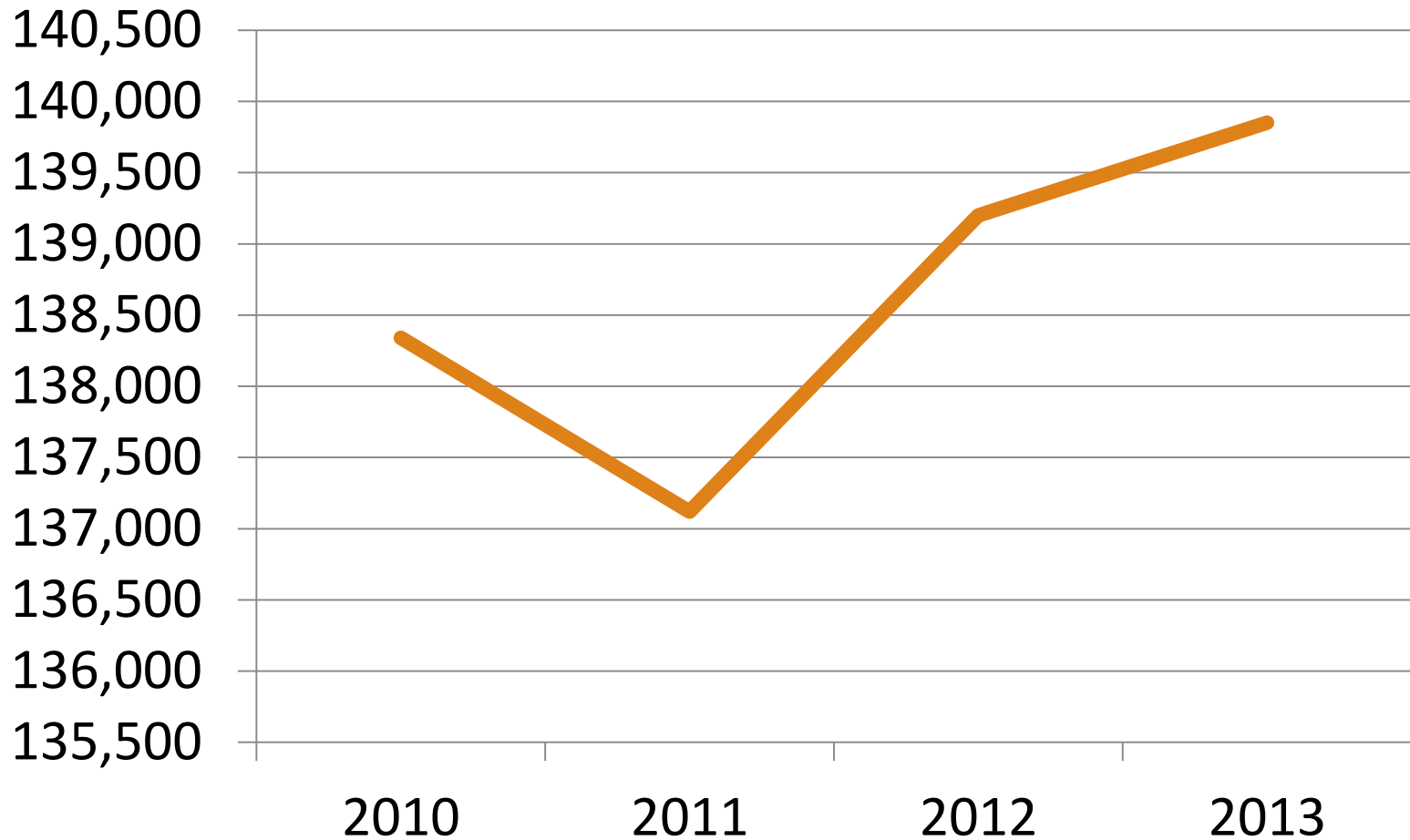
# Hunger in Iowa: By the Numbers

## 4-year Total Food-Insecurity in Iowa



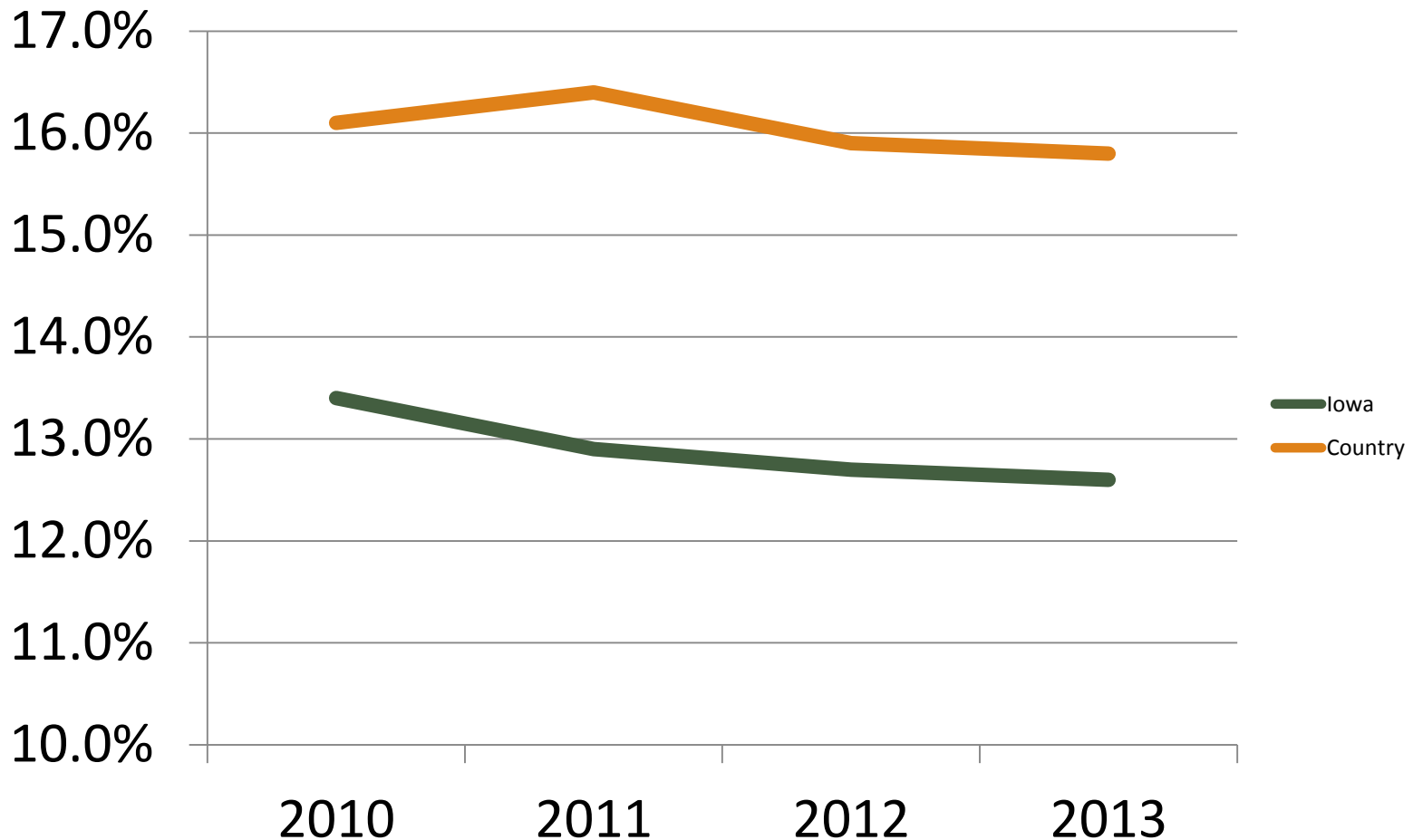
# Hunger in Iowa: By the Numbers

## 4-year Child Food-Insecurity in Iowa



# Hunger in Iowa: By the Numbers

## 4-year Iowa vs. United States



# STATE OF HUNGER IN IOWA

## Behind the Numbers

Iowa Food Bank Association



# Hunger in Iowa: The Rest of the Story

## Current Challenges and Trends

- Reliability of media reports
- Face of Hunger? look around you
  - Grandparents raising kids
  - Working families
  - Retirees
- Medical bills
- Cheap food not cheap anymore
- Low-wage jobs

# ADDRESSING THE ISSUE

Iowa Food Bank Association



*Feeding Iowa*

# Addressing the Issue

## **Iowa Food Bank Programs**

Food Distribution, Kids Café, Elderly Nutrition Programs, Community Gardens, Backpack Programs, Summer Food Service Programs, Mobile Food Pantries, School Pantries

## **Collaboration and Unification**

## **Hard Work and Dedication**

## **Advocacy**





# For More Information

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Website: [www.iowafba.org](http://www.iowafba.org)

Facebook: Feeding Iowa; Iowa Food Bank Assoc.

Twitter: IowaFBA

Blog: [iowafba.wordpress.com](http://iowafba.wordpress.com)





# MEASURING FOOD INSECURITY: CHALLENGES FOR SMALL AREAS

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Iowa Food Bank Association





## Poverty And Food Needs

Polk County, Iowa

Poverty and food insecurity impact the welfare of individuals, families, and communities. This profile describes indicators of poverty, food insecurity, and other measures of general economic well-being in Polk County, Iowa.



### Poverty

People living in poverty have annual incomes insufficient to meet their basic needs. The Federal government determines the poverty status of individuals and families using money income thresholds that vary by family size. The thresholds are based on three times the cost of a minimum food diet. See Page 11 for current Federal poverty guidelines.

The incidence of poverty varies among individuals and families with different socio-economic characteristics. Table 1 (following page) displays poverty rates by age, race and ethnicity, work experience, and family type in Polk County and the state. The data describe average poverty characteristics during a five-year survey measurement period.

For each poverty measure, Table 1 includes a point estimate and a margin of error (MOE) value associated with that estimate. Adding and subtracting the margin of error to the point estimate yields a confidence interval that is 90% likely to contain the actual number or percentage of individuals or families in poverty.

### Contents

Poverty Rates	2
Food Insecurity	3
Food Accessibility	4
Nutrition	5
Program Participation Levels	6
Program Participation Trends	7
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Household Economic Stress	9
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99 county reports with dozens of indicators

Originated from collaborative work between ISU Extension, IDPH, and IDHS

Effort now led by Dr. Kimberly Greder, ISU

[www.icip.iastate.edu](http://www.icip.iastate.edu)



## Audience

- Local public officials
- Non-profits
- Other community groups

## Applications

- Raising awareness
- Community development
- Grant-writing



## Health and nutrition monitoring

Physical examinations

Diet and health surveys

Example: National Health and Nutrition Examination Survey, National Center for Health Statistics

## Food insecurity surveys

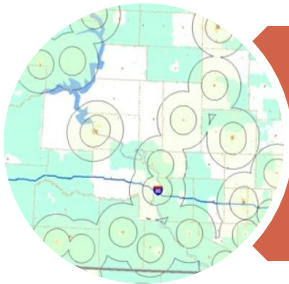
Questions specifically addressing ability to meet food needs

Example: U.S. Department of Agriculture's Household Food Security Report, from Current Population Survey supplement data



## Administrative data

- program participation levels



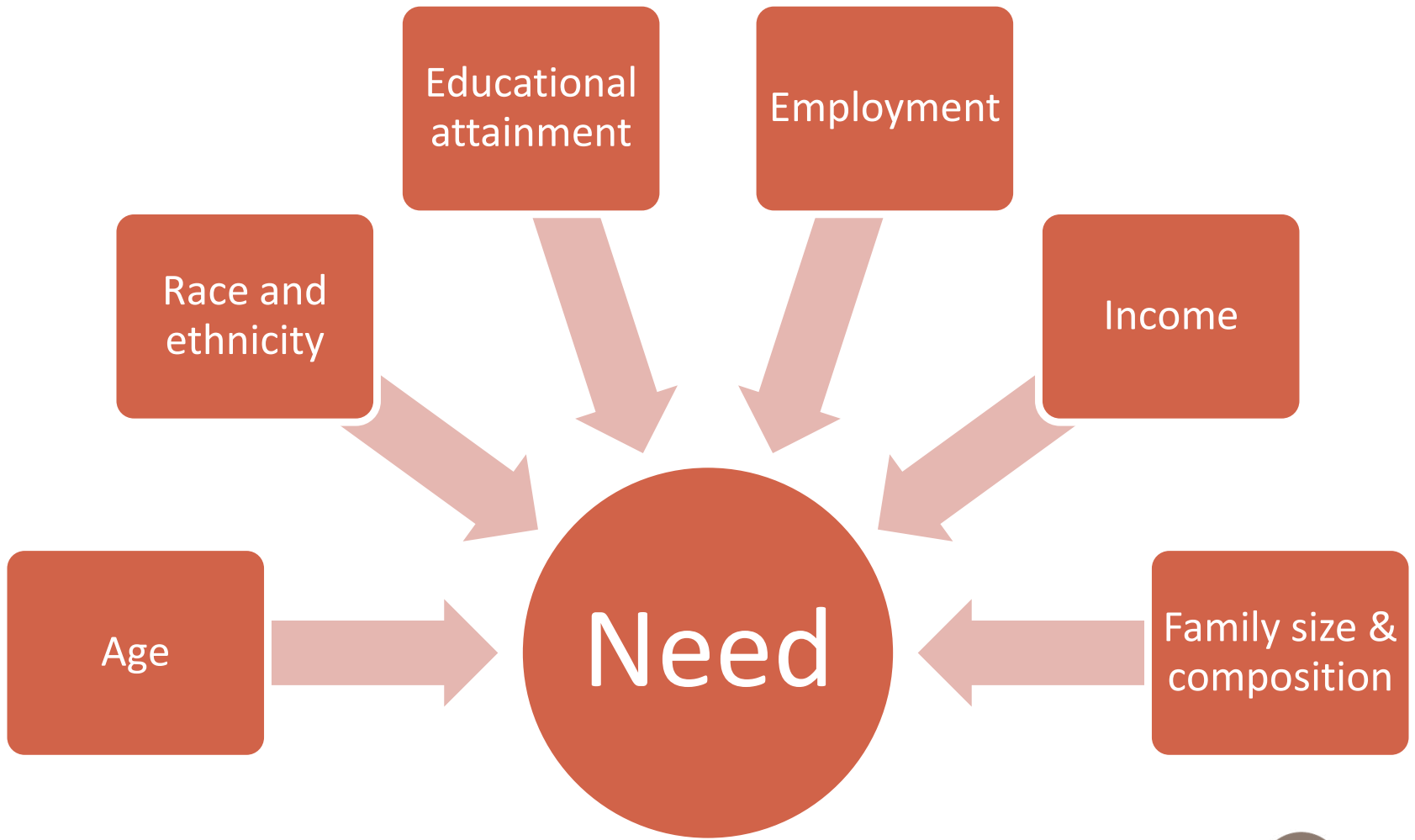
## Geographic data

- access to food sources

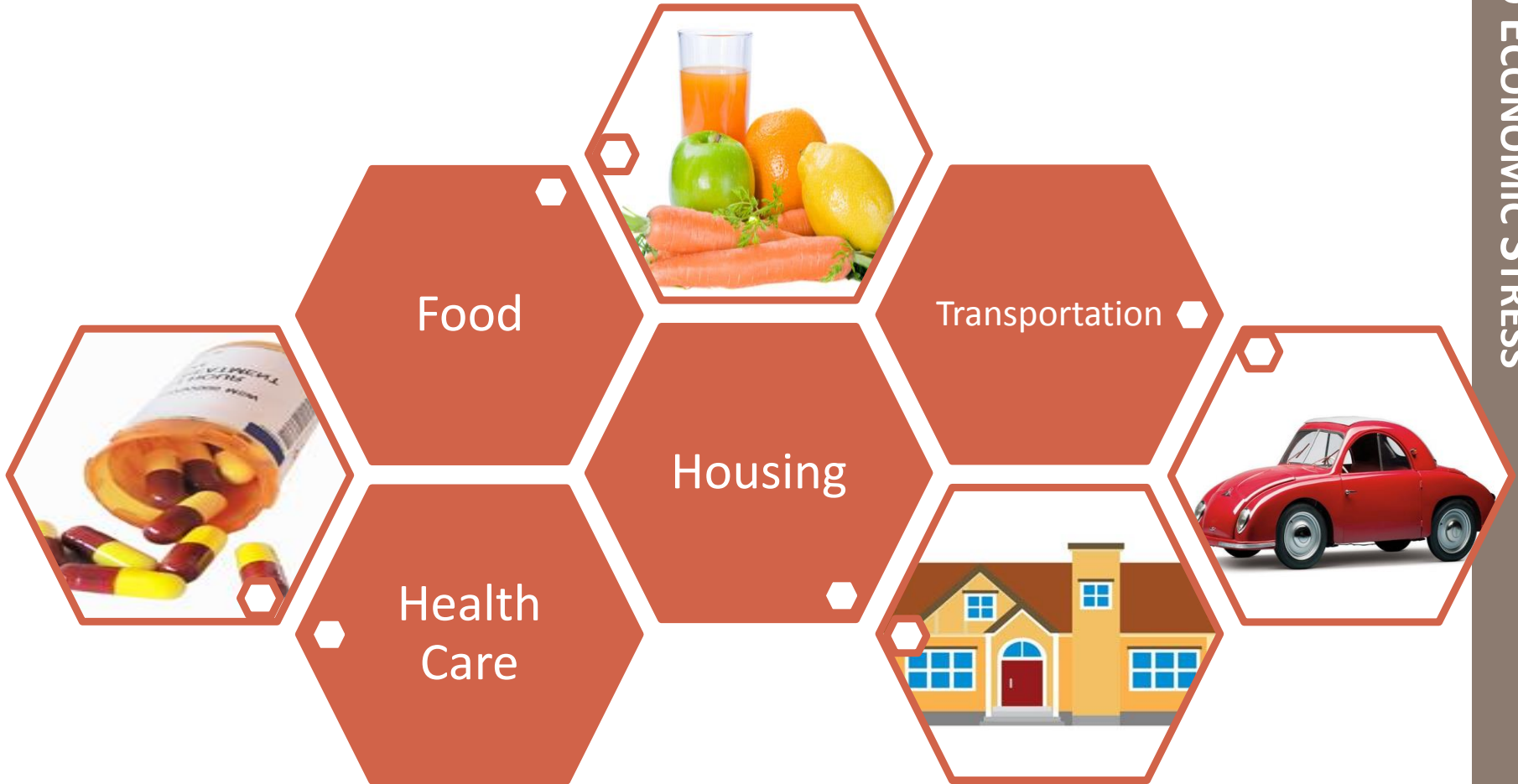


## Household surveys

- socio-economic status and economic stress









U.S. Census  
Bureau

U.S.  
Department of  
Agriculture

National Center  
for Health  
Statistics (CDC)

Iowa  
Department of  
Public Health

Iowa  
Department of  
Education

# WHAT DOES IT TAKE TO MAKE ENDS MEET IN IOWA?

**Lily French**

**Senior Policy Consultant, Iowa Policy Project  
Clinical Assistant Professor, University of Iowa**

Iowa Food Bank Association



# WHAT DOES IT TAKE TO MAKE ENDS MEET IN IOWA? “THE COST OF LIVING IN IOWA, 2014 EDITION ”

- What does a basic, no frills, family budget look like in Iowa?
- How does this differ by county?
- How many families do not have the income to meet basic needs?
- How do work supports help, and what changes need to be made?

	One child*	Two children**
<b><i>Families without health insurance from employer</i></b>		
<u>Monthly Expenses</u>		
Child care	\$588	\$937
Clothing & household expenses	317	349
Food	382	574
Health care	410	577
Rent and utilities	783	1,090
Transportation	532	532
Monthly total	\$3,012	\$4,059
<b>Annual Total Basic Expenses</b>	<b>\$36,150</b>	<b>\$48,706</b>
<u>Income and Taxes</u>		
Before-tax earnings needed	\$42,185	\$57,247
Less: Income & payroll taxes	(6,314)	(8,587)
Plus: EITC & other credits	279	47
Net after-tax income	\$36,150	\$48,706
<b>Family supporting hourly wage</b>	<b>\$21.09</b>	<b>\$28.62</b>
<b><i>Families with health insurance from employer</i></b>		
Monthly health care savings	124	192
<b>Annual Total Basic Expenses</b>	<b>\$34,665</b>	<b>\$46,407</b>
Before-tax earnings needed	40,015	53,851
<b>Family supporting hourly wage</b>	<b>\$20.01</b>	<b>\$26.93</b>

\* Age 2 to 4    \*\*One age 2-4, one age 6-10

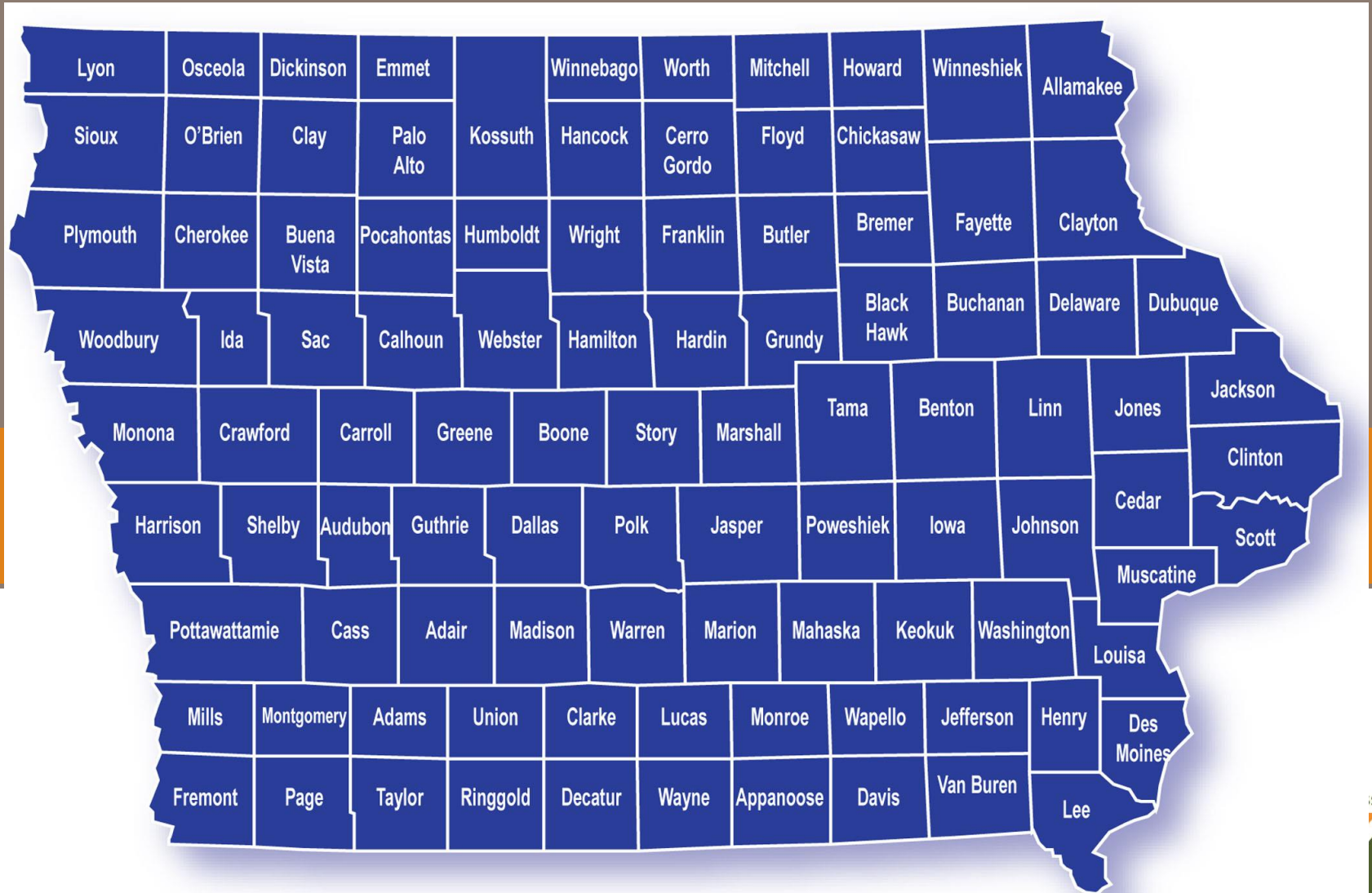
**BASIC FAMILY BUDGETS:  
TWO-PARENT FAMILIES,  
TWO CHILDREN\*  
(POLK, DALLAS & WARREN COUNTIES)**

	One Works	Both Work
<b><i>Families without health insurance from employer</i></b>		
<u>Monthly Expenses</u>		
Child care	\$0	\$937
Clothing & household expenses	403	403
Food	765	765
Health care	860	860
Rent and utilities	1,090	1,090
Transportation	532	798
Monthly total	\$3,651	\$4,854
<b>Annual Total Basic Expenses</b>	<b>\$43,809</b>	<b>\$58,244</b>
<u>Income and Taxes</u>		
Before-tax earnings needed	\$50,100	\$67,751
Less: Income & payroll taxes	(6,327)	(9,566)
Plus: EITC & other credits	36	59
Net after-tax income	\$43,809	58,244
<b>Family supporting hourly wage</b>	<b>\$25.05</b>	<b>\$16.94</b>
<b><i>Families with health insurance from employer</i></b>		
Monthly health care savings	439	439
<b>Annual Total Basic Expenses</b>	<b>\$38,546</b>	<b>\$52,980</b>
Before-tax earnings needed	<b>\$40,293</b>	60,533
<b>Family supporting hourly wage</b>	<b>\$20.15</b>	<b>\$15.13</b>

\*One child age 2-4, one age 6-10

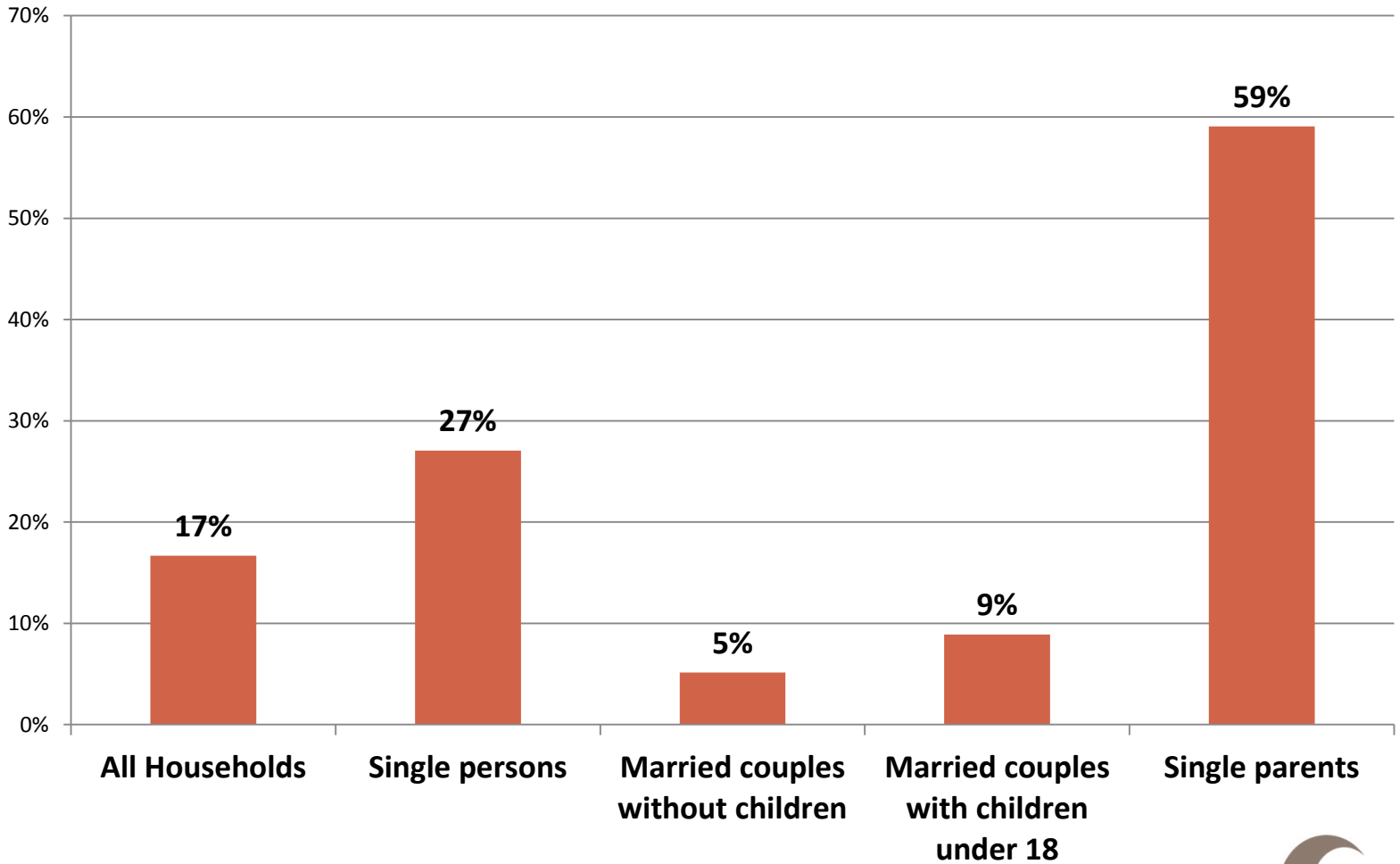


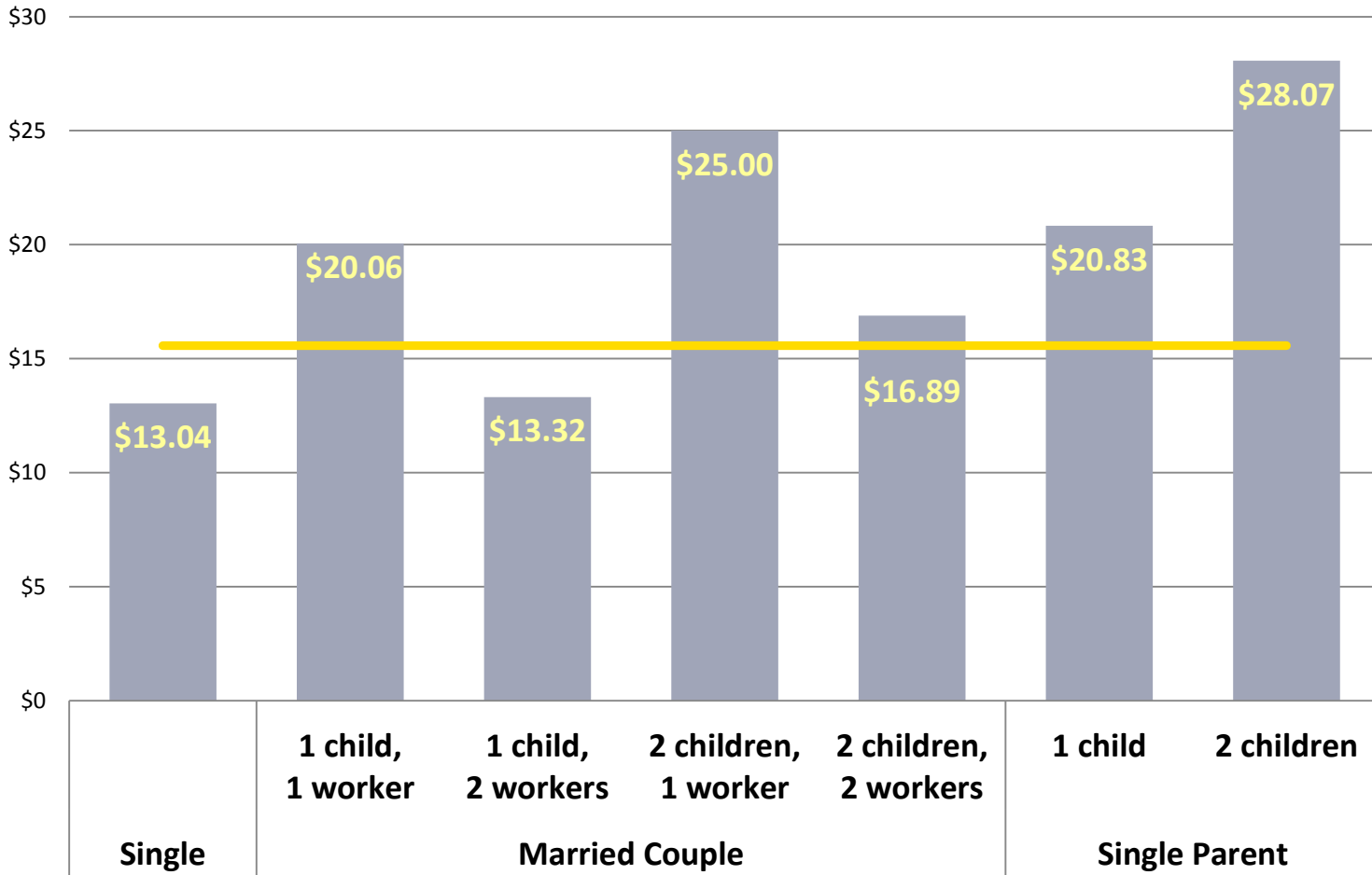
# On [www.iowapolicyproject.org](http://www.iowapolicyproject.org): Go to your county and click for Cost of Living table





PROPORTION OF IOWA FAMILIES WITH  
INCOME BELOW BREAK-EVEN



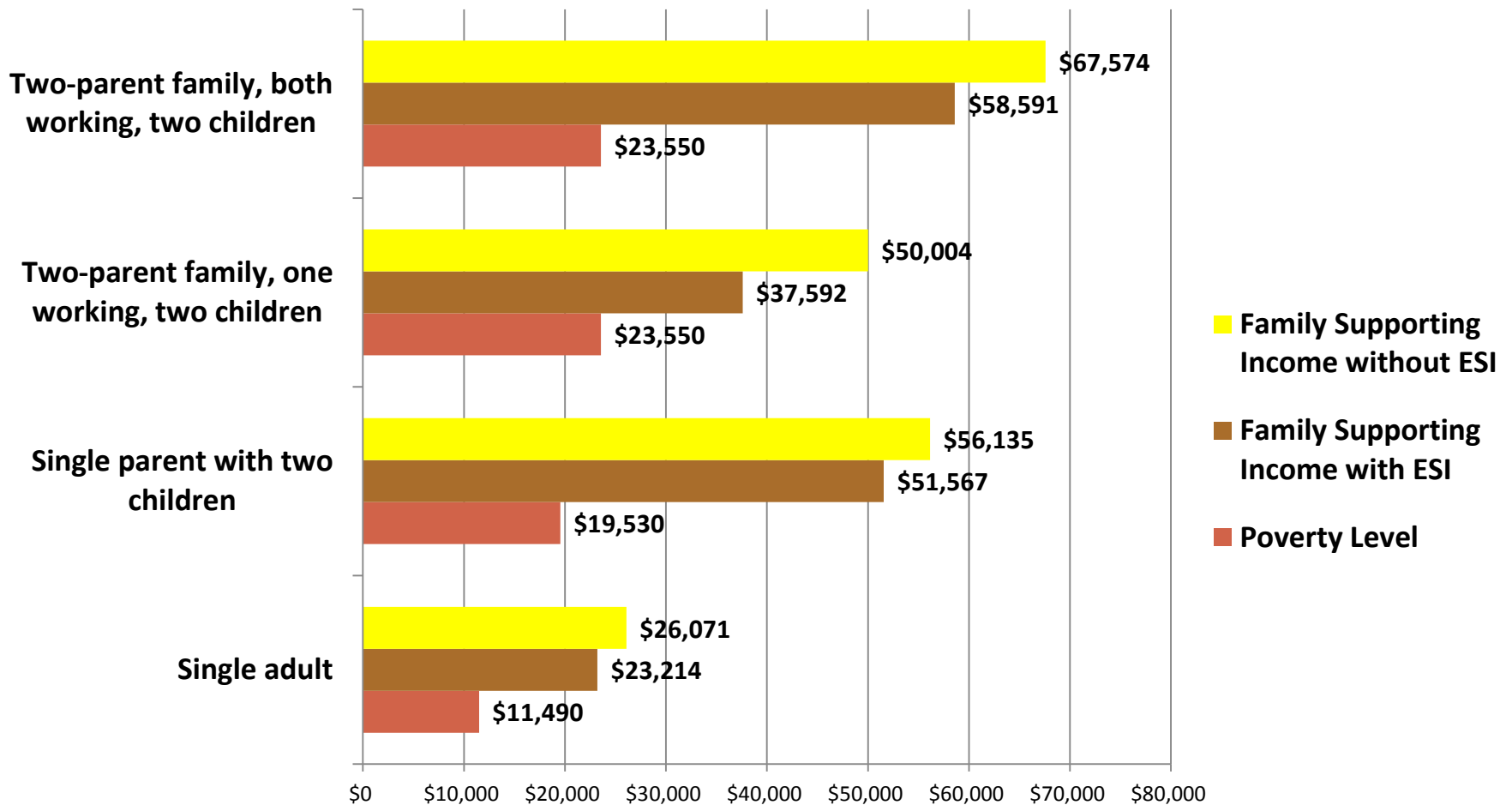


**Median Wage: \$15.57**



**BASIC NEEDS GAP: AVERAGE GAP BETWEEN ACTUAL EARNINGS AND BASIC NEEDS (STATEWIDE)**

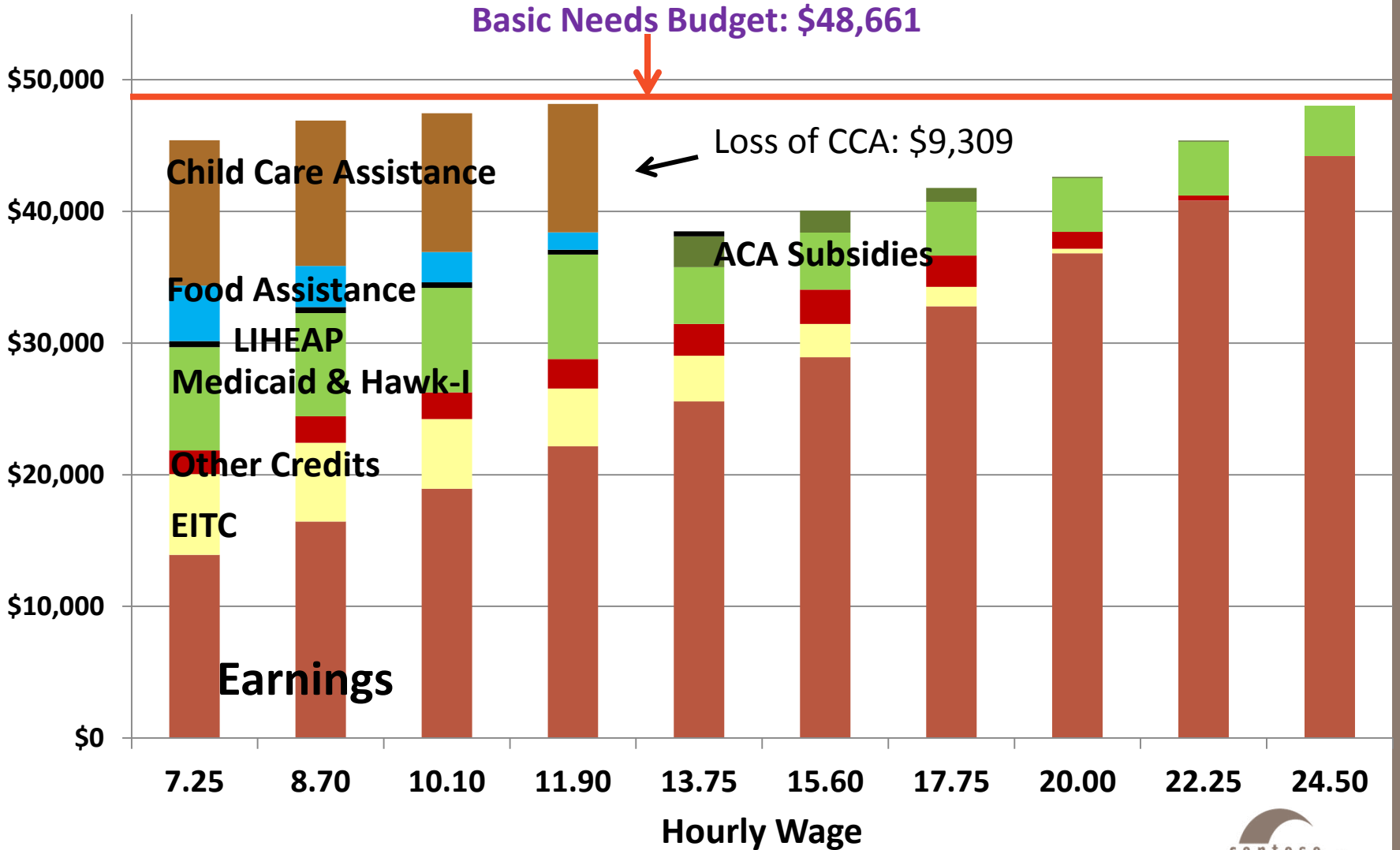




Note: ESI refers to Employer Sponsored Insurance



MAXIMUM  
 UNEMPLOYMENT  
 SUPPORTS FOR A  
 SINGLE PARENT  
 WORKING FULL-  
 TIME,  
 WITH TWO  
 CHILDREN  
 IN  
 (CENTRAL  
 ILLINOIS)



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